

MERZ AESTHETICS

# Ultherapy®

Lift and tighten your  
skin without surgery



# Ultherapy®

SEE THE BEAUTY OF SOUND™

As we age, our skin quality and appearance changes. Collagen and elastin in the skin are reduced and become weakened - your skin becomes thinner and less firm. Fine lines and wrinkles become visible and the youthful tight contours fade.

Ultherapy® can relieve these signs of skin ageing by producing a tightening and naturally lifting effect.



## WHAT EXACTLY IS ULTHERAPY®?

Ultherapy® is a non-surgical treatment to lift and tighten your eyebrows, the skin on your neck and the bottom of your chin, as well as reducing the lines and wrinkles on your décolletage. Ultherapy® delivers micro-focused ultrasound energy to stimulate the formation of new collagen and elastin in your skin. New collagen and elastin are produced, causing your skin to tighten and lift gradually and in a natural way.

Ultherapy® is the perfect treatment for anyone who cannot afford to take time to recover from surgery, who is not ready for a surgical facelift yet, or anyone wanting to bridge the time between surgical procedures.

Ultherapy® can provide a lifting effect after just one treatment - the only non-invasive treatment with FDA\* approval.

- Natural result
- No recovery time
- Lifted and tighter skin

\* Ultherapy® has been studied and tested by the American Food and Drug Administration (FDA), the most stringent health authority in the world. This authority recognises the efficacy and safety of Ultherapy®.



## HOW DOES ULTHERAPY® WORK?

Ultherapy® helps to reverse the signs of ageing and gives you a more youthful and radiant appearance.

Characteristics of skin ageing:

- Sagging of the eyebrows
- Skin under the chin becomes less tight
- Skin of the neck becomes less tight
- Contours become blurred
- Fine lines and wrinkles develop

Ultherapy® delivers micro-focused ultrasound energy down to the deepest layers of the skin – down to the same layer on which a surgical facelift works. The tissue is heated, without damaging the skin surface and the surrounding skin structures. A natural wound healing process takes place in the skin in response to the energy that is delivered.

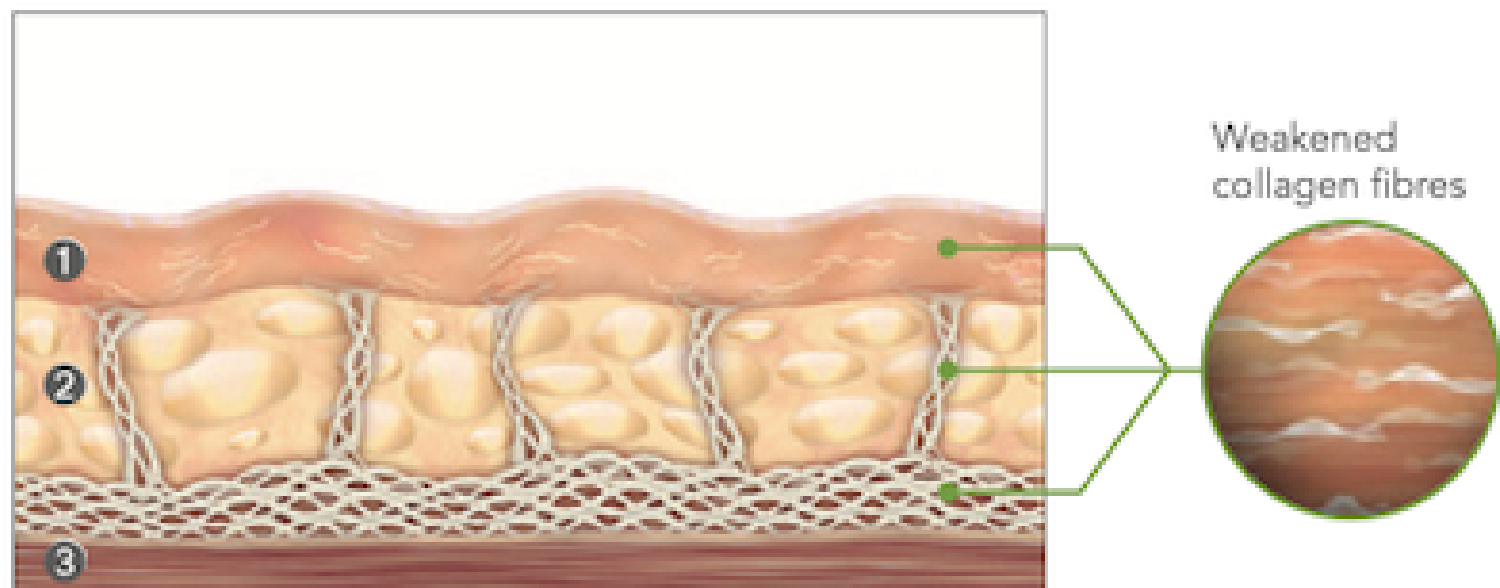
The skin reacts to this stimulus by forming new collagen and elastin, which results in a natural and gradual lifting and tightening of the skin.

The end result becomes visible over the course of 2 - 3 months, as more collagen and elastin are gradually formed and the skin becomes tighter and more lifted. The result can improve up to the 6th month. Your age, your skin condition and your lifestyle will determine how long the result remains visible.

# HOW ULTHERAPY® WORKS

## Before the treatment

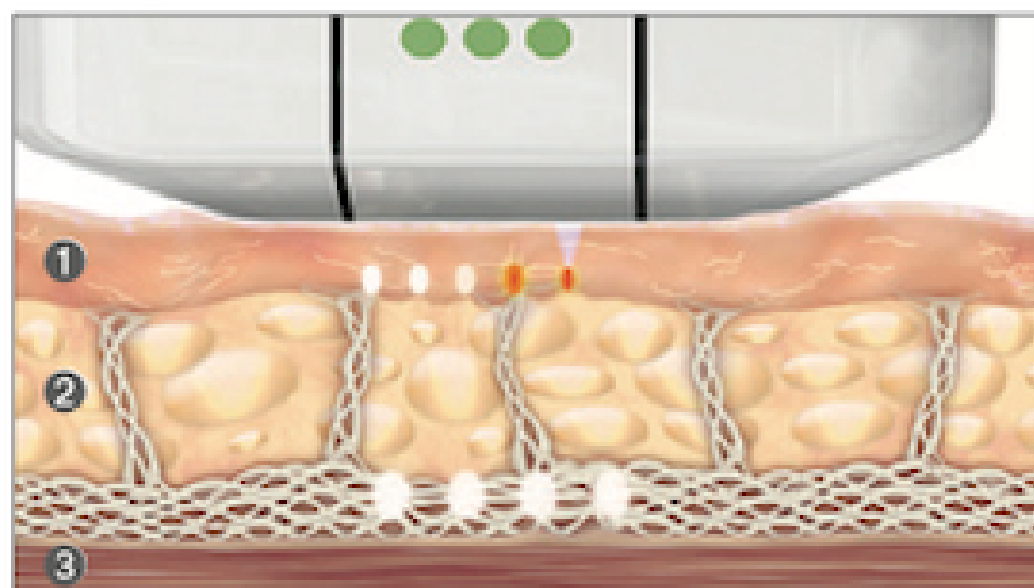
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Collagen and elastin in the skin are reduced and become weakened, causing your skin to look thinner and less firm. Wrinkles and folds develop.

## During the treatment

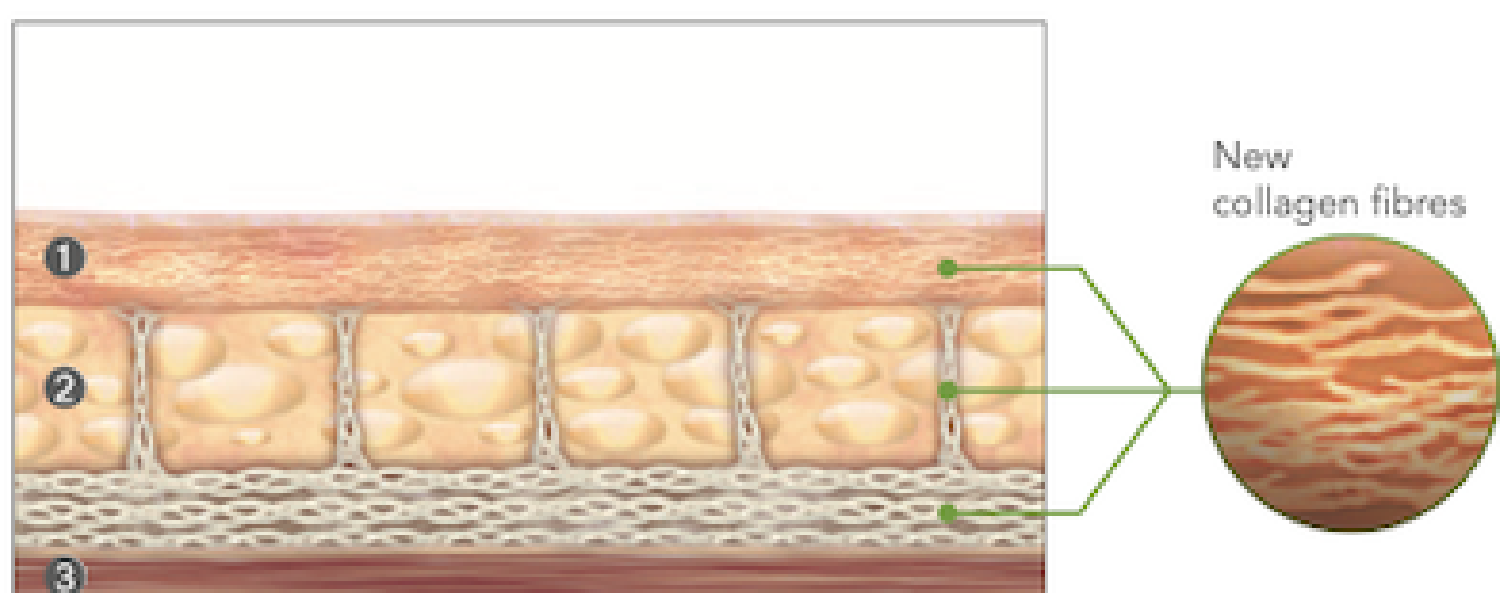
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Ultherapy® delivers micro-focused ultrasound energy to your various skin layers. The energy stimulates the production of new collagen.

## 3 months after the treatment

3



The production of new collagen by your body will gradually tighten and lift your skin.

- ① Dermis
- ② Fat & Connective tissue
- ③ Muscles

## FREQUENTLY ASKED QUESTIONS ABOUT ULTHERAPY®

### How exactly does an Ultherapy® treatment work?

A treatment applicator is moved over the skin, just like an ultrasound wand. This creates a detailed image of your skin on the monitor, so that your specialist can determine exactly where the energy needs to be delivered in your skin. The treatment applicator is then used to release micro-focused ultrasound energy at exactly the right depth under your skin, exactly where it is needed to lift your skin and to tighten it.

### Is Ultherapy® a surgical procedure?

No. Contrary to a facelift or other surgical solutions, Ultherapy® is a non-surgical treatment that penetrates to the deeper layers of the skin without cutting and without damaging the cell surface and the surrounding tissue structures.

### Is Ultherapy® an alternative to a facelift?

Ultherapy® has proven to be an effective alternative for anyone who is not ready for a facelift yet.

### What does the treatment with Ultherapy® feel like?

You can experience slight to mild tingling when the ultrasound energy is delivered. The level of pain experienced can vary from one person to the other. In order to increase your comfort, your specialist can recommend a painkiller to be used prior to the treatment. Patients normally feel well after the treatment and look forward to the expected result.

### Is Ultherapy® safe?

Ultrasound has been used safely and effectively in the medical field for more than 50 years. Clinical studies and more than 1 million Ultherapy® treatments worldwide prove this.

### How long does an Ultherapy® treatment take?

A treatment usually takes between 30 and 90 minutes. The duration of the treatment depends on your individual treatment plan and the treatment area.

### **When should I see a result?**

The results are visible after 2-6 months, in the form of lifted and tighter skin. The results will increase gradually over time. This is because the production of collagen in the body takes time.

### **How long does the result last?**

The treatment stimulates the production of collagen by the body, meaning that the results and the duration of effect will vary per person. As your skin continues to age, follow-up treatments can contribute in the fight against the natural ageing process.

### **Do I need to take into consideration a recovery time?**

There is no recovery time with Ultherapy®! You can resume your normal daily activities immediately after your treatment and there are no restrictions or special requirements after the treatment.

### **What do the preparations and evaluation for a treatment look like?**

If you are interested in an Ultherapy® treatment, please make an appointment for a consultation. Your Ultherapy® specialist will discuss the different treatment options with you and the most suitable form of treatment for you. If you decide to have treatment, the specialist will discuss a few medical questions with you, to ensure that you receive a safe and successful treatment. We recommend that you schedule a follow-up appointment 3 months after the treatment. Photographs of the treated area will be taken during the follow-up, so that the result can be evaluated.

### **Are there any side effects?**

Your skin can look red immediately after the treatment, but this disappears within a few hours. Some patients experience slight swelling, tingling or sensitivity to touch. These side effects are mild and only last a short while. Ask your treating specialist for more information about this.



# RESULTS ULTHERAPY®

## Eyebrow lift



*Before*



*After 120 days*



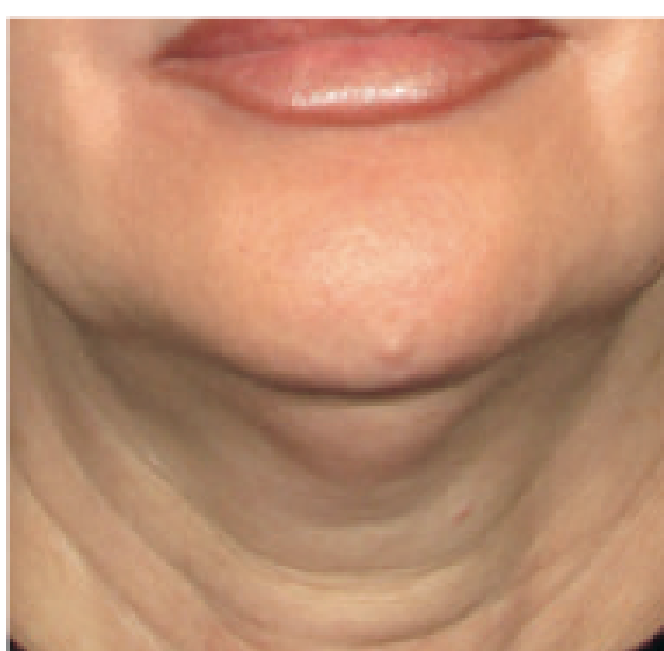
*Before*



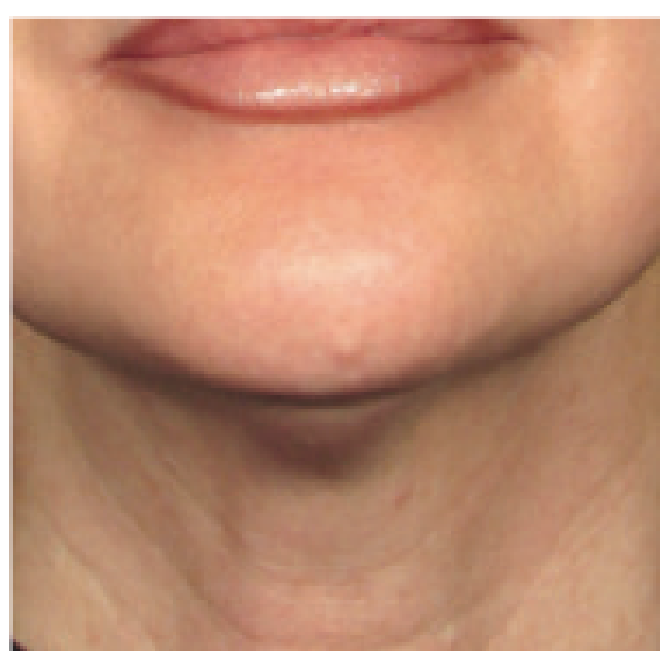
*After 450 days*

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## Tighter chin and jaw line



*Before*



*After 90 days*



*Before*



*After 120 days*



## Tighter neck



*Before*



*After 90 days*



*Before*



*After 180 days*

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## Tighter décolletage



*Before*



*After 180 days*



*Before*



*After 180 days*

## ULTHERAPY®

- Lifting without surgery
- Visible result after only one treatment
- No recovery time
- Natural and lasting result
- Formation of new collagen and elastin
- Safe ultrasound

You can find more information on:  
[www.ultherapybehandeling.nl](http://www.ultherapybehandeling.nl)

Practice stamp:

Merz Pharma Benelux B.V.  
Hoevestein 36 D  
4903 SC Oosterhout  
The Netherlands  
Tel.: +31(0)162474800

E-mail: [benelux@merz.com](mailto:benelux@merz.com) | Website: [www.merzaesthetics.nl](http://www.merzaesthetics.nl)

